



TOURS of the Komi Republic







CONTENTS

«The Miracle of Russia»: helicopter tour to the plateau Manpupunyor	2
Journey to the plateau Manpupunyor	3
«Nia-Yu canyons»	4
«Kozhim – the river of contrasts»	5
«Breath of the Arctic»	6
Ethnographic expedition «Izhma Tui» (Izhma way)	7
«To the region of brocade and silk»	8
«In the wake of the Old Believers»	
«The holy places of the Komi Republic»	10
The excursion to Ulyanovsky monastery	11
«Festival of the North»	12
«Komi region»	

«The Miracle of Russia»: helicopter tour to the plateau Manpupunyor

Tourists will see the green sea of taiga from height of the bird's flight, the most ancient mountains of the world – the Urals and one of the seven wonders of Russia - The Manpupuner rock formations,

Tourists can also visit the world's first moose farm in Yaksha, where elks are so used to people that they eat from their hands and allow to be caress.

Duration: 1 day Departure dates: March, July Tour starts in Syktyvkar / Troitsko-Pechorsk Number of people in a group: up to 15

Cost: from 29 000 ₽

Organizer: Finno-Ugric Ethno Cultural Park tic@finugr.rkomi.ru, +7 (8212) 255 449

Journey to the plateau Manpupunyor

620 km by car, 150 km by the «Khivus» aeroboat, and then travelers like the Mansi shamans hundreds of years ago will climb to the legendary plateau.

On the way, tourists will visit several iconic places like the effluent of the great Pechora River and the world's first moose farm..

Duration: 6 days Departure dates: July, August The tour starts in Syktyvkar

Cost: 29 000 ₽

Organizer:

LLC «Active Leisure Komi. Hiking to the Urals» vk.com/aktivkomi sergejj-semjashkin@rambler.ru, +7 904 203 88 31

«Nia-Yu canyons»

The tourists under the guidance of an instructor will go through several picturesque water objects of the Polar Ural: the lake Estoto, the rivers Niya-U, Usa, Bolshaya Usa.

At the reindeer herders' camp at the river Estovis tourists will get acquainted with the life of the indigenous inhabitants of the tundra.

Fishing enthusiasts will improve their skills in catching the most delicious grayling, and the highlight of the TRIP will be the passage of rapids in the limestone canyon of the river Nia-Yu.

Duration: 8 days Departure dates: beginning of July, beginning of August The length of the active part: 65 km Tour starts in Vorkuta

Cost: from 25 000 ₽

Organizer: HORS LLC polartravel.su, hors.vorkuta@gmail.com +7 912 115 77 868

«Kozhim – the river of contrasts»

Water trip to the Subpolar Urals in the National Park «Ugyd va», accessible to beginners and families with children. Rafting on catamarans on the river Kozhim does not require physical training.

This trip would be interesting for people who love geology: the rocky outcrops on Kozhime can show you the entire history of the Ural Mountains.

Duration: 6 days Dates: the first half of July, for corporate groups departure is possible any day from June 25 to September 15 Number of people: from 8 The tour starts in Inta

Cost: 14 600 ₽

Organizer: IP Danko Vladimir Yuryevich Uralkomi.rf, uralkomitravel@gmail.com +7 904 239 74 89, +7 912 177 83 09

«Breath of the Arctic»

Tour to the Kara Sea and overnight stay in a tent on the shore.

The route crosses the border of Europe and Asia, passes through the rivers Kara, Lyadhei, Nyarmoyaha, it includes visits to canyons and waterfalls.

In the program, there is climbing the extreme top of the Polar Ural – the mountain Konstantinov Stone.

6

Duration: 2 days Dates: July Tour starts in Vorkuta

Cost: 13 800 ₽

Organizer: Tourist excursion Bureau in Vorkuta «Metelitsa» vorkutainfo.com, vorkuta-tour.ru vk.com/vorkutatour, +7 912 123 80 55

Ethnographic expedition «Izhma Tui» (Izhma way)

This is a trip for people who love ethnography and untouched wildlife, fishing, campfire soups, sleeping in tents and hiking romance.

Tourists will float along one of the most ancient roads of the North – the Izhma River, plunge into the world of untouched nature, distant villages that are cut off from civilization by taiga and swamps. You will meet local people who have preserved their original way of life.

7

Duration: 9 days Departure date: second half of June The tour starts in Ukhta Number of people: 8

Cost: 13 500 ₽

Organizer: Komi EcoTourism vk.com/ecotourism_komi, +7 912 181 46 79

«To the region of brocade and silk»

From the XXI century TO hundreds of years ago! ! Tourists will take part in the traditional holiday of Komi-Izhemtsy Lud (Meadow), which begins at the fair, where artisans exhibit the best leather goods, furs and deer horns, hospitable hostesses offer dishes of national cuisine. In the late afternoon, tourists will see equestrian competitions.

At sunset, there is the culmination of the holiday! «Izhma Gate» is a grand mass show in bright national costumes with games, songs, dances, a round dance of brides, fires, which lasts until the morning.

The next day, tourists will visit the village of Maloye Galovo and will see a local landmark -Malohalovsky stones, resembling the laying of dinosaur eggs or the remains of an ancient civilization.

Further, there is the gastronomic program in the village of Diyur with degustation of venison dishes, boating, sauna and fishing on Izhma River.

Duration: 4 days Dates: the first decade of July Tour starts in Syktyvkar / Ukhta Number of people: up to 15 Cost: 7 000 ₽ (without food)

Organizer:

Finno-Ugric Ethno Cultural Park tic@finugr.rkomi.ru, +7 (8212) 255 449

«In the wake of the Old Believers»

In the village of Ust-Tsilma, there are the descendants of the people from Novgorod, who did not accept Nikon's church reform. Thanks to the Old Believers preserved in its original form hill celebrations, which annually attract ethnographers, historians, linguists from around the world.

On the night of Petrov day (from 11 to 12 July), tourists will become participants in the annual ceremonial action called «Petrovschina»: they will see spectacular water motor sports competitions, together with local people they will have a barbecue on the shore of Pechora river, cook porridge and fish soup for a collective meal.

The next day, there is a traditional celebration called «Hill». Tourists will be able to see and to take part in celebration with beautiful women in traditional dresses.

Duration: 3 days Dates: July 11–13 Tour starts in Syktyvkar / Ukhta Number of people: 15 Cost: 7 500 (without food)

Organizer: Finno-Ugric Ethno Cultural Park tic@finugr.rkomi.ru, +7 (8212) 255 44

«The holy places of the Komi Republic»

Travelers will visit two monasteries: the Ust-Vymsky monastery for men and the Kyltovsky monastery for women.

The first stop is in the village Ust-Vym, where hundreds of years ago the iconic birch of Komi pagans grew, which Stephen of Perm cut down and burned. In place of birch the first church was built.

The next stop is Kyltovsky Monastery, it is the first women's monastery in the Komi Republic, which was built in the late XIX century.

Duration: 1 day Dates: by request The tour starts in Syktyvkar Number of people in a group: up to 40

Cost: from 850 ₽

Organizer: Finno-Ugric Ethno Cultural Park tic@finugr.rkomi.ru, +7 (8212) 255 449

The excursion to the Ulyanovsky monastery

The Ulyanovsky monastery is one of the oldest monasteries for men functioning in the Komi region. According to legend, it was founded at the end of the 14th century by St. Stephen of Perm.

During the tour, tourists will learn how Zyryan region was baptized, toponymy of villages along the road.

In the Ulyanovsky monastery, travelers will have a special meal and an excursion, they will be able to climb the belfry and ring the bells.

Duration: 1 day Dates: by request The tour starts in Syktyvkar Number of people: up to 40

Cost: from 650 ₽

Organizer: Finno-Ugric Ethno Cultural Park tic@finugr.rkomi.ru, +7 (8212) 255 449

«Festival of the North»

Unforgettable journey through Extreme North of Russia will begin with a festival of reindeer breeders in Vorkuta, where tourists will see reindeer sleigh races.

Then they will go by train through the Polar Ural to visit the family of Yamal reindeer herders, to live in the tent and plunge into their life with traditional food and riding reindeer.

The tour ends in Salekhard, the former outpost of Moscow in Siberia, and tourists will be able to get acquainted with the mammoth Lyuba.

Duration: 6 days Dates: November Tour starts in Vorkuta Number of people: from 15 Cost: from 45 000 ₽

Organizer:Finno-Ugric Ethno Cultural Park tic@finugr.rkomi.ru, +7 (8212) 255 449

«Komi region»

This tour is for those who want to see different sides of the Komi Republic.

The journey begins in the homeland of Russian industrial oil production – in Ukhta, where tourists will get acquainted with the oil industry, learn about the unique methods of production "black gold" and see the place of its natural exit from the ground.

The Next stop is acquaintance with the history of the Christianization of the Komi region and visit to the Kyltovsky monastery.

The tour around the republic will continue in the Finno-Ugric ethnopark, which is located in the oldest village Yb.

The final chord is a visit to the capital city of Komi. In Syktyvkar, guests will visit The National Museum that keeps the world's oldest ski, a museum of geology and brand stores offering products of the region.

Duration: 3 days Dates: by prior request The tour starts in Ukhta Number of people: from 10 Cost: from 22 000 ₽

Organizer: Finno-Ugric Ethno Cultural Park tic@finugr.rkomi.ru, +7 (8212) 255 449

Ministry of Culture, Tourism, Archives of the Republic of Komi Address: Syktyvkar, Lenin St, 73 Phone: +7 (8212) 255 480

> Tourist Information Center of the Komi Republic (Finno-Ugric Ethno Cultural Park) Address: Syktyvkar, Karl Marx St, 229 Phone: +7 (8212) 255 449

Tourist information portal: tourism.rkomi.ru Designed and printed by LLC «Komi Republican Printing House»